

The Blue Letter: 3rd February 2023



Learning, Loving, Growing,
Together with God.

Dear Parents and Carers,

Children's mental health week

We are going on a whole school walk on Friday afternoon and children will need to bring suitable shoes/wellies and coat for this. Children are welcome to come to school in their own clothes on Friday. In return we would like you to make a donation to Place to be. Place to be is a children's mental health charity who provide mental health training and support to schools.

You can donate via our justgiving page <https://www.justgiving.com/fundraising/boxgrove-school4>



Please don't feel you need to make a large donation, just a £1 per child is great, although you can donate more if you would like. You can also make your donation anonymous.

St Blaise Fair

Thank you to those families who sent donations for the tombola. Unfortunately, we don't have enough items to run our own tombola which is a shame. The donations we have received have been given to the church to use on their stalls. Don't forget to go and visit Boxgrove Priory tomorrow between 12noon and 2pm.

Earrings and PE

We have received the latest safety guidance from the Association for Physical Education. Their recommendations are that if children are not able to remove their earrings, they should come to school with them ready taped. The amount of tape used should be sufficient to prevent the piercing penetrating, for example, the bone behind the ear, should an unintentional blow be received from another person or an item of equipment. In school we have a legal responsibility to ensure the taping is fit for purpose. No other jewellery should be worn.

For swimming, If earrings of any kind e.g. studs, plastic tubes etc. cannot be removed then it is advised to wear an ear band to cover up the area rather than tape. These can be purchased cheaply online <https://www.newitts.com/ear-bandit-swimming-headband> This is due to the risk of the tape coming off or the earring coming out. The risks associated with earrings are:

If tape/plastic earring could cause a choking hazard to swimmers

If an earring comes out a child could stand on the earring and it may become embedded into the foot

If an earring is lost, a newly pierced earlobe could heal or become infected

If a child has had a recent piercing then it is recommended by the NHS to avoid swimming for at least 24 hours after having the piercing and ideally until it has healed properly to ensure it stays dry as there is a risk of infection. It can take up to 6 to 8 weeks for an ear lobe to heal so this is one of the main reasons why it is recommended that any ear piercing is done at the start of the summer holidays. We appreciate your support in ensuring that your child is able to take part in school PE safely.

School Uniform

Please can I ask you to check that your child is following all the school uniform requirements. Jewellery and nail varnish should not be worn. Long hair should be tied back every day. Hairbands should not have large decorations or huge bows, please try to restrict the range of colours to those that match the uniform. Children should be wearing school shoes and bringing trainers to change for PE not wearing trainers to school. Thank you.

Head lice

We have cases of head lice in school. Please can you check your child's hair and treat if necessary. Regular checking your child's hair, as well as sending them to school with their hair tied back helps prevent the spread of lice

Diary

Monday 6th February	
Tuesday 7th February	Safer Internet Day Owl Class PE
Wednesday 8th February	Fox Class PE
Thursday 9th February	Fox and Owl Class swimming - group 1 to bring a t-shirt Squirrel Class PE - Year R and Year 2 only Year 1 Forest School - bring a change of clothes suitable for the weather. A coat and boots or trainers that can get muddy are recommended. Future Flyers (selected children)
Friday 10th February	Whole School walk - come in non-uniform, bring shoes/coats appropriate for a walk. Donate online

Advance Dates

Monday 13th February - start of half term week

Monday 20th February INSET day

Wednesday 1st March Deadline for Swimming payments*

Wednesday 1st March - World Book Day - dressing up optional

7th & 8th March - Parents evenings

Friday 17th March - Comic relief day

Friday 17th March - School Mothering Sunday Service

Friday 31st March - Cobnor payment deadline *

Friday 31st March - last day of term - normal finish time

* If you would like to make regular payments for the cost of either swimming or Cobnor, Mrs Sheehan is happy to take them. A reminder of the deadline for paying is on the advance dates list.

Achievers

Well done to all our achievers this week:



Squirrel Class: Elanya, Sienna, Emily, Ferne, Leon and Freya

Fox Class: Elsie Jonathan, Joey and Hattie

Owl Class: Summer, Eli, Millie and Callum



Children's mental health week

Next week is Children's Mental Health Week and this year's theme is 'Let's Connect.'

Let's Connect is about making meaningful connections for all, during Children's Mental Health Week – and beyond. People thrive in communities, and this connection is vital for our wellbeing.

For any child in need of support, whether that be a little help to get back on track or for those in crisis, the Your Mind Matters website

www.westsussex.gov.uk/YourMindMatters has helpful advice, resources

and local organisations to help you support your child and information to support adults too.



We will be going on our whole school walk on Friday - this is an opportunity for the school to connect with each other as well as benefit from fresh air and exercise.

Children will need to bring suitable shoes/wellies and coat for the walk. Children are welcome to come to school in their own clothes on Friday. In return we would like you to make a donation to Place to be. Place to be is a children's mental health charity who provide mental health training and support to schools. You can donate via our justgiving page <https://www.justgiving.com/fundraising/boxgrove-school4>

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Fox Class Roman Day

Fox class look fantastic in their roman outfits today, thank you parents for your efforts. Here are a few photos from their morning.

